## **Boundaries and Rules**

## A FREE 2-hour workshop for parents and carers at

**Michael Drayton Junior School** 

The Woodlands, Hartshill, NuneatonCV10 0SZ

Wednesday 7th February 2024 at 9:30-11:30

Children are rewarding, stimulating and fun, but looking after them can sometimes be stressful and challenging.

This workshop will focus on:

- How and why boundaries support children's development
- Parenting strategies that can be used to support boundaries such as rules, praise, routines.
  - Identify different parenting styles
- Build an awareness of positive parenting and how to implement this in day to day life
  - Looking after our selves as parents and carers



Limited places. To book your place, please scan QR code or email ehparenttrainers@warwickshire.gov.uk for more information



