

Headteacher Mrs J Forshew

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Learning Together to be the best we can.

Tuesday 23rd January 2024

Dear Parents/Carers,

This academic year we are introducing 'Zones of Regulation' into our curriculum. 'Zones of Regulation' is designed to support children learn, understand and express their emotions. In teaching the Zones of Regulation curriculum we aim to teach the children to identify emotions in themselves and others and provide them with a bank of strategies to help regulate their emotions and ultimately improve their wellbeing.

Therefore, we would like to invite you to an information session to outline what 'Zones of Regulation' means, Common Zones language used by all staff and children in school and related strategies to support emotional development and self-regulation.

The session will run on the following date:

• Tuesday 30th January @ 9am

Our Educational Psychologist, Rosie Knight who has been training and supporting the staff to implement this scheme will join me in leading the session to provide key information.

Refreshments will be provided. Please book a place using the 'SchoolCloud' website. Click on the link https://nathanielnewtoninfant.schoolcloud.co.uk to register or login.

Yours Sincerely,

Mrs Taroni Deputy Head Teacher / SenCo













